

*The concept of the loss and return of original nature is reviewed as it pertains to the separation of yin and yang. This material is presented as it occurs thematically in the diverse spheres of mythology, philosophy, alchemy, and medicine. A context is created for understanding the separation of yin and yang as it occurs in Chinese pulse diagnosis as the "husband/wife" imbalance and as pulse qualities which indicate a "qi-wild" condition. The implications of this imbalance are discussed as they effect diagnosis, prognosis, and treatment. The author concludes that Chinese medicine is concerned with the evolution of the patient spiritually rather than solely with his survival which is the domain of "modern" medicine.*

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# **The Loss and Return of Original Nature:**

## ***The Law of Husband/Wife***

By Lonny S. Jarrett

### **Introduction:**

*"Men in time return again to the mysterious workings. So all creatures come out of the mysterious workings and go back into them again". (1)*

The integrity of life depends upon the balanced functioning of the 12 officials.(2) The energetic foundation which supports this function is the interpenetration of one's original endowment of yin and yang which constitutes the yuan-qi. The yuan-qi represents the seed of the true nature that heaven plants deep within at the moment of conception. One must nurture and manifest the potential of this seed if one's destiny is to be fulfilled. However, in the course of life one's true nature is forgotten as the habituating accretions of posterior experience extinguish the fire of heaven's intent.(3) In receiving one's personal name the seed is sown for the dawning of self awareness and the loss of original nature. The gaining of self awareness forms the original crack in one's energetic foundation and paves the way for the separation of yin and yang. losing touch with the true nature imparted by heaven, one reacts to life by creating a false self predicated on belief which is colored by the erroneous interpretation of life experience. This leads to the unbalanced functioning of the Five-elements, and ultimately, to death. It is not destiny

that each person will die estranged from his true nature. In each life there comes a turning point where one is provided with a glimpse of his virtue as imparted by heaven. One is then granted the opportunity of cultivating this deep inner nature or of continuing to function habitually on the path of worldly gain and spiritual ruin.

The separation of yin and yang occurs in a way that is predictable and treatable using the diagnostics and therapeutics of Chinese medicine. This condition is evident on the pulses as the "husband/wife" (HW) imbalance as it occurs in the Five-element tradition" and as pulse qualities which indicate a "qi-wild" condition in the tradition of Drs. John Shen and Leon Hammer. (4) In my previous articles(5) I have described human destiny as it relates to healing and the inner tradition of Chinese medicine. Here, I continue this inquiry and focus on the energetics which determine whether a given individual "wakes up" to the memory of lost self, or ends his life with destiny unfulfilled as yin and yang reach a premature terminal end point of separation. The energetics of the separation of yin and yang will be examined from the standpoint of (1) Chinese creation mythology, (2) the Yi-Jing, (3) the spiritual alchemy of ming-men, and (4) Chinese physiology and pulse diagnosis as these views are clinically relevant to practicing in the inner tradition of Chinese medicine.

**Notes:**

1) Watson, B: 1964, P. 117

3) Posterior experience is synonymous with the influence of posterior heaven and the acquired constitution. This is in distinction with the influence of anterior heaven which corresponds to the inherited constitution.

4) Y Hammer , L; Part I and II.

5) Jarrett, LS: II-VII